

LDSHE West Youth Conference 2025



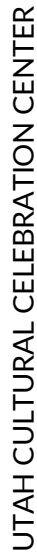
This book belongs to: _____

May 28-30, 2025 | Salt Lake City, Utah

- 1 - amber
- 2 - amethyst
- 3 - aquamarine
- 4 - crystal
- 5 - diamond
- 6 - emerald
- 7 - jade
- 8 - moonstone
- 9 - onyx
- 10 - opal
- 11 - pearl
- 12 - ruby
- 13 - sapphire
- 14 - topaz



UPPER LEVEL



LOWER LEVEL



(DONUT DEVOTIONALS)

YCT | BIOGRAPHIES



Aaron Johnsen



Hey y'all! I'm Aaron, but you can call me Aaron! Hailing from Ogden, Utah, it is my duty to carry out the legacy of a long line of Aarons everywhere. My favorite thing is performing in musicals, listening to musicals, and...musicals. Broadway is a big passion of mine, and you can almost always find me with a show on my mind. I play piano and bass in a jazz band, and violin in a chamber orchestra! I sing in choirs, am a beginner in aerials, and love to keep busy. This is my fourth year at LDSHE, and I can't wait to get to know everyone!



Adam Reeder



I'm Adam! I love reading, daydreaming, and hanging out with my friends! I also love Star Wars (long live Jar Jar Binks) and westerns. My favorite Old West characters are the legendary lawman Bass Reeves and Louis Lamour's Texas Ranger Chick Bowdrie. I could go on about Jedi or Old West or my favorite reads, but I hate to be a bore. You guys are AWE-SOME, and I look forward to meeting y'all!



Adara Pabst



Heyyy! My name is Adara Pabst, and my fav color is your favorite color just REALLY pale (white). I have been to 47 of the 50 states. In and out of traveling, I have gotten some pretty bad sunburns. If you see my face is red ... yes, I put on sunscreen, but I am immune XD. I love reading! In the course of an average year, I read over 500 books. There are still a ton that I have been wanting to read, so if you have any recommendations, feel free to share. :)



Claire Huntsman



Hi y'all! I'm Claire. I'm seventeen, from Surprise, Arizona (yes, that's a real city) and I absolutely love LDSHE! I have an affinity for potatoes, explosions, music (I play the fiddle and sing and listen to everything from opera to country), and pocket Constitutions (seriously, I have a collection ... it's a problem). When I'm not catching up on sleep (early-morning seminary is the best!) or eating fruit snacks at odd hours of the night (no comment), I enjoy competitive debate (fighting with words) and Japanese jiu jitsu (fighting with the rest of me). Come find me at conference, and I might even teach you how to choke someone out while dancing with them (just kidding, Mom)! Seriously, though, come talk to me—I love people and will talk to anyone about anything. I'd love to hear how your conference is going and how much fun you're having!



Curtis Dyches



Hey guys I'm Curtis, from the Logan, Utah area. I'm 17 and am a senior! I did a TON of things last summer: went to DC for a conservative conference, played a bunch of board games, went camping with my gma and gpa and my two closest cousins, went to a week-long simulation, and helped run stake young men's camp. I LOVE reading (come ask me about my favorite books! ;), running, and making new friends!!!



Daniel Tarbert



Hi I'm Daniel. I live in Wellsville Utah, and I love to play all sports, especially basketball. I am an avid hiker and love to backpack, bushwhack, or even swim in freezing cold mountain lakes. I also love to hang out with friends and make new ones. I pretty much guarantee you have something cool in common with me. I have tried lots of different things (some of which I am now good at!). I have a competitive nature and will try my best to win any game or sport, even if I'm brand new at it! I have been homeschooled all my life and love it. I can't imagine going to public school. LDSHE is a big part of my social life and has blessed me with lots of awesome friends. I look forward to becoming friends with you!



Estelle Edwards



Hi I'm Estelle. I'm 17 and currently live in Rexburg, Idaho, but I'm a military kid, so I have lived many places and love to travel. I just got back from Europe, and for college I'm going to cooking school in Ireland. This is my third year at LDSHE, and it's always the highlight of my summer :) I love music so so much! I play a couple of instruments, sing, and love sharing music with others. I also love weird old history books, the mustier the better! My favorite place to be is outside, especially if it has to do with water or sunshine or absurdly long walks. I don't really like fish, but I once ate a live goldfish ... and didn't know that I did for a bit. Come say hi to me. I can't wait to meet you! <3



Kaylib Thomas



Hey, I'm Kaylib! I'm 16 and from South Ogden, Utah. I love doing everything outdoors and in. I try to do everything, even if I don't succeed. This is my fifth time at LDSHE, and I'm super excited to meet y'all! I love making new friends and finding new challenges. I want to be the coolest person on earth, and even if I don't make it, I try and improve each day!



Lincoln Hoggan



Ello everyone! My name is Lincoln. I was born in Georgia and raised in Colorado. My hobbies include reading, drawing, swing dancing, rockhounding, and much more! I love to go on a lot of adventures, my favorite ones being a trip to Hawaii and camping in Moab. Exploring is also something I love to do. I've gotten lost more than once! I'd be happy to share a story or two with you and would love to hear yours too!



Lydia Gray



Hi I'm Lydia! I live in Santa Fe, New Mexico! I enjoy crafting, and I swim with the local high school. Whenever I'm not doing school, I'm usually on a trip with my family, visiting all the cool sites of the West. I love going to LDSHE because I get to be with people who are also passionate about homeschooling, and I always feel motivated in my next homeschool adventures by the end of our time together.



Maddie Neratko



Hello! My name is Maddie. I'm 18 and am a senior. Some of my favorite things to do include hanging with friends, painting, baking, singing, and traveling. In fact, I went to Austria and Germany last summer! Feel free to ask me what my favorite part was. I live in northern Utah and I have six siblings (that's seven kids in all in my family). I'm an avid cook, and food is one of my favorite topics to talk about. I have yet to find something that does not go with honey. :) Another thing I love is ballroom dance, and I've actually won a competition before! I love LDSHE and I'm super excited to meet everyone!



Ruby Downs



Hi guys!! My name is Ruby Downs. I'm 17, I live in Cache Valley UT, and my favorite color is light blue. This is my second year at LDSHE, and I love it!! I hope y'all will have an amazing time here at LDSHE!! One of my favorite things about LDSHE is getting to know new people and making new friends, so if any of you want a friend or someone to talk to, come and find me. I love doing anything outdoors—hiking, biking, running. (Even though I don't do it a ton :)) I also like listening to music, doing aerial silks, and dancing in my free time. I can't wait to meet you all!



Vaughn Allen



Hi! I'm Vaughn. I love to camp and just be outdoors. Last summer, I went to Bishop-Priest camp, and that was so FUN! In my free time, I try to do leather work and have built a small forge to do black smithing. Fun fact: I mostly wear jeans with at least one knife (sometimes I carry an arsenal) and cowboy boots. I have two pigs that make me muddy most days. If I could go anywhere, I would love to visit Switzerland or Netherlands. I did have the chance to go to Ireland this past fall. It was spectacular! I prefer audio books over reading, hands down.



William Parry

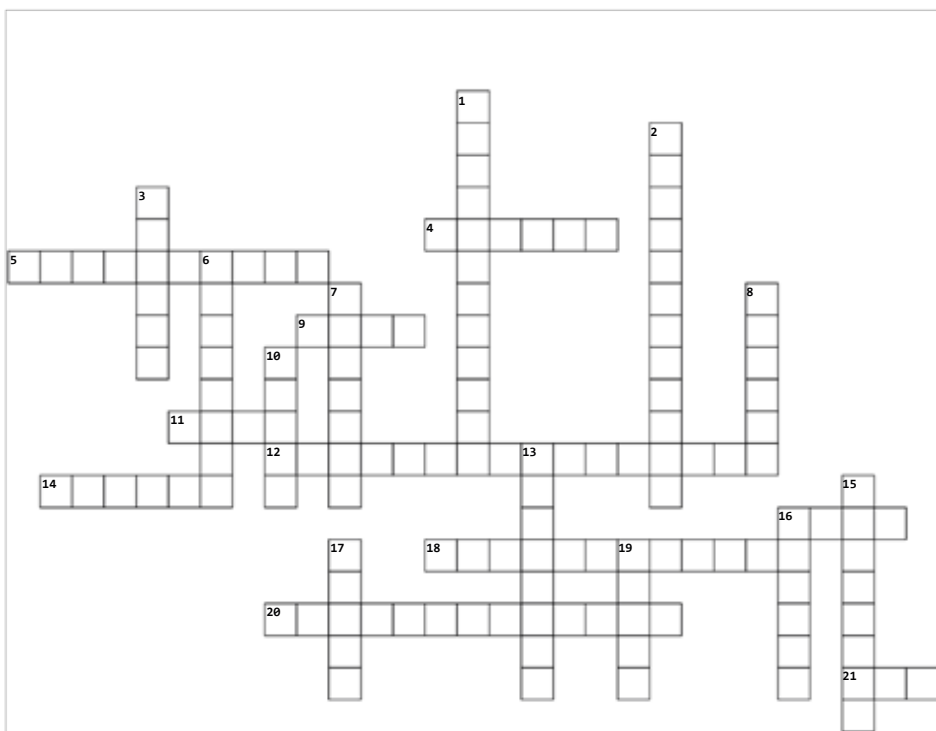


Hey y'all, I'm Will! I come from the distant land of Colorado! I am a jack-of-all-trades who loves to experience all sorts of things, I love cracking jokes and laughing with others! I really love a good challenge, and I'm always looking to improve myself every day. I also love running, weightlifting, and most other physical activities. I bet you can't beat me in a push-up contest!! ;) I love the outdoors and spending time with family and friends. I also love listening to music! I love meeting new people, so don't hesitate to come spark up a conversation! I can't wait to spend time with all of you at LDSHE!!!

Which doodle belongs to each YCT?



Here's a fun crossword puzzle for you to enjoy!



ACROSS

4. famous Book of Mormon captain
5. Wednesday night's activity
9. last name of the closing keynote speaker
11. the awesome game group volunteers who make conference so fun!
12. next year's LDSHE theme (see back cover)
14. length (in minutes) of the shorter workshops, offered twice each afternoon
16. Old Testament prophet who built an ark
18. home-centered church-supported gospel study
20. location of Thursday's super awesome volunteer meeting
21. acronym ring

DOWN

1. scriptures translated from golden plates
2. revelation given in D&C 89
3. day of rest
6. early-morning (or release-time) gospel study
7. where the golden plates were hidden
8. what you get for filling out and turning in the surveys on Friday afternoon
10. theme of Thursday's family dance
13. this year's LDSHE theme: Better _____
15. the most versatile type of food out there—and our favorite! :)
16. last name of today's prophet
17. last name of the first prophet of this dispensation
19. the greatest homeschool conference ever!

SPEAKER | BIOGRAPHIES

PAIGE ANDERSON



Paige Anderson is a passionate advocate for faith, family, and personal growth. A mother of seven and wife to her soulmate, Rad, Paige has a deep love for education as the founder and former president of the board of trustees of Providence Hall. She has been homeschooling her children for the past fifteen years. Paige has dedicated her life to uplifting others, from her years of service in The Church of Jesus Christ of Latter-day Saints to her work as a coach and motivational speaker. She inspires women to embrace their roles as leaders in their families, strengthening their homes with faith and love. Committed to sharing practical tools that bring peace, light, and order to family life, Paige's work is centered on her devotion to Christ.

THURSDAY 9:00am

Footsteps to Greatness: Your Path to Purpose and Success

SEAN ANDERSON



Sean Anderson was raised in Wyoming, served his mission in Chile, met his wife at Rick's (Yes, Ricks!), received a teaching degree from the University of Wyoming and raised his home-schooled children in the Western United States from Alaska to Arizona and many places in between. The Anderson clan have enjoyed learning and growing together as a family through the many experiences the Lord has seen fit to send their way. They have graduated four of their six children, sent two sons missions, have two grandchildren, have two more children at home to spend their time facilitating and never cease to learn and grow. Sean is an enjoyer of the great outdoors, his favorite hike to repeat is in the Wind River mountains of his home state and helping Amy, his wife and eternal spouse, in whatever grand idea or cause she is currently involved in. In the past Sean taught science, math, STEM, ham radio, history, art and music in various public schools (but mostly science), coached wrestling, as the head coach, from the middle grades to varsity, delighted in coaching soccer, with Amy, and then spent a number of years as a principal. He now teaches science at a co-op and gets to work at a place children actually enjoy coming to, a trampoline park. In this environment he is free to talk to the public he interacts with about homeschool, religion, and good clean fun.

WEDNESDAY 3:05pm and 3:40pm

Applied Science

OBA BONNER



Oba Bonner is a songwriter and music producer. Writing songs from start to finish at age eleven, Oba is no stranger to making music. Oba has worked with notable mainstream artists like Jojo, Queen Latifah, Why Don't We, Ninja Kidz, and others. His unique style is a breath of fresh air to the pop music world.

FRIDAY 2:45pm and 3:20pm

How to Rock Social Situations and Find Friends

SAM BOSTWICK



Sam grew up in a musical family, doing plays and musicals, dancing, playing in the school band, and singing in choirs. He served a performing mission in Nauvoo before serving two years in the Arizona Tempe Mission. He graduated with a BFA in Music Dance Theater from Brigham Young University and went on to work in Music & Cultural Arts for the Church. He took a break from Church employment to obtain a master's degree in Voice Studies from the Royal Central School of Speech and Drama in London, England, and then returned to BYU to teach voice and acting. He has spent the past three years back at Church headquarters working on resources for using the new hymnbook. Sam and his wife Kendra have six children, all schooled at home. They recently moved to Santaquin, Utah.

FRIDAY 9:00am

The Power & Influence of Music: Your Choice

CONNOR BOYACK



Connor Boyack is a bestselling author of several dozen books, founder of a think tank that has changed over 100 laws, frequent public speaker, and outlaw beekeeper.

Connor is best known as author of the acclaimed Tuttle Twins book series which has sold over six million copies. The Tuttle Twins books teach kids (and their parents!) the ideas of a free society. He is also executive producer of the Tuttle Twins animated cartoon series.

A self-made entrepreneur, Connor is founder and president of Libertas Network, an association of family-facing initiatives that change hearts, minds, and laws to create a freer future. With his team he has changed over 100 laws, helped tens of thousands of kids become entrepreneurs, educated millions, and empowered families all over the world to learn about and defend the ideas of a free society.

Connor lives near Salt Lake City, Utah, with his wife and two homeschooled children.

FRIDAY 11:05am

They're Lying To You: Seeing Through Propaganda to Stand For Truth

JOHN BYTHEWAY



John Bytheway was born and raised in Salt Lake City, and he served his mission in the Philippines. He earned a Master's Degree in Religious Education from BYU, and he currently teaches courses on the Book of Mormon and the New Testament at the BYU Salt Lake Center. He is the author of a few dozen books and audio programs that are, according to him, effective non-prescription sleep-aids. John and his wife Kimberly have six children and a completely full SUV that doubles in value when it's full of gasoline. John currently serves as a member of the Young Men's Advisory Council (formerly known as the General Board). His oldest daughter Ashley served her mission in Lyon, France, and his oldest son Andrew served in Iceland. His daughter Natalie served in Tahiti and is teaching French at the MTC. His son Matthew recently returned from serving in the Charleston West Virginia mission. His son Timothy began his mission in Uruguay in June of 2024.

THURSDAY 11:05am

The Main Thing

JACK R. CHRISTIANSON



Jack R. Christianson was raised in Orem, Utah, and currently resides there. He is married to Melanie Harris. They are the parents of one son and four daughters, and are the grandparents of ten grandsons and nine granddaughters. He graduated from Weber State University with a teaching degree in English and Physical Education. He received a master's degree in educational administration from Brigham Young University and a PhD in Educational Sociology from the University of Buckingham in England. He has taught for the Church Educational System of The Church of Jesus Christ of Latter-Day Saints for over thirty years. He has written numerous inspirational books and has published many audio recordings. He has served in the LDS church in multiple capacities, including missionary, bishop, stake president and mission president in the New York Rochester Mission. He currently serves as the Stake Patriarch of the Orem Utah Northridge Stake.

WEDNESDAY 1:15pm

The Blessing of Taking Personal Responsibility for Your Learning

WEDNESDAY 4:15pm

Maintaining Your Spirituality in a Darkening World

BRADEN L COPE



One thing we can all agree on: The world is in desperate need of Christ-centered leaders. Passionate about developing youth to fill that need, Braden and his beautiful redhead wife facilitate their stake's mission preparation course called "Developing Christlike Leadership." Braden also implements what he teaches professionally as a wealth manager, partner, and key leader for a large financial services company. Braden served as a missionary in the China Hong Kong Mission, speaking Cantonese and now lives with his wife Andrea in Phoenix, Arizona, where they raise three boys: Hyrum, Declan, and Micah.

WEDNESDAY 11:05am

The Power of Christlike Leadership

NIK & DARLA DAY



Nik Day is the youth music manager for The Church of Jesus Christ of Latter-day Saints. He has had 100+ of his songs published on the EFY and youth albums, and his hymn arrangements have been featured in multiple Face to Face events. He has written songs like Peace in Christ, I Will Go and Do, A Great Work, Trust in the Lord, and I Can Do All Things. The youth music has been streamed more than a billion times, reaching people around the world. Darla is a sought-after aerial performer and event planner. When she lived in Texas, she ran away and joined a generational Mexican circus and learned how to perform various circus acts. She was a featured aerial silks performer in the traveling circus and performed in Las Vegas for Cirque-du-Soleil before she started a circus school and event company in Utah. Together, Nik and Darla started 90&9, a nonprofit that promotes healthy living through the performing arts, and every year in August they put on a circus show called "Fighter," about a phoenix rising from the ashes, featuring Darla's aerial students and Nik's original music.

WEDNESDAY 1:15pm
Peace in Christ

Q: What is green and fuzzy and if it fell from a tree it would kill you?
A: A pool table

BREANN DUFFIN



Breann Duffin earned her Master's Degree in Education in Curriculum Design and Instruction. She has twenty years of teaching experience, including PreK-12th grade and at the university and adult levels. She trains teachers, owns a thriving music studio, and serves her community in many ways (director of softball youth program, director and lead of many musicals, President of the Arts Council, Coach of four winning IDX STEAM teams, and many more). Breann loves to have fun! She is always looking for adventure and creative ways to spend time with others. She has "dated" her husband and kids for almost twenty years and is an expert at building memories that will last a lifetime. Breann believes that dating is a fun way to learn more about yourself and grow.

FRIDAY 1:15pm
Dating 101: Creating Friendships and Planning Awesome Experiences



ALI EISENACH



Ali Cannon Eisenach is the owner and founder of Millennial Standard Press, dedicated to restoring the vision of her great-great-grandfather, George Q. Cannon, who used the power of the press to educate and inspire children. She is passionate about writing, storytelling, and designing meaningful content that reflects faith, history, and truth.

Beyond publishing, Ali has been homeschooling for more than fifteen years, embracing a heart-centered approach to education that fosters creativity and a love of learning. She also has a deep love for cooking, healthy food, and gardening.

Through *The Millennial Instructor*, she continues this legacy, reintroducing past volumes and publishing an ongoing 8-month subscription series that immerses children in faith, history, literature, science, and the arts. With new projects always on the horizon, Ali remains committed to teaching children, honoring God, and using the written word to uplift and inspire.

THURSDAY 9:00am

Click, Create, Publish: A How-To Guide for Digital Success



KAMI HARRIS



Kami is a dynamic educator, mentor, and coach. Her passion for learning and leadership has led her to inspire and mentor hundreds of youth. In 2010, she co-founded iFamily Leadership Academy, serving as President and helping to build a thriving community of young leaders. Today, she trains mentors through the Leadership Education Mentoring Institute (LEMI).

Kami believes that learning should be meaningful, exciting, and deeply connected to personal purpose. She specializes in combining timeless educational principles with powerful mindset tools to help youth unlock their potential, push past limiting beliefs, and take ownership of their education. With her Christ-centered approach, Kami teaches practical strategies for developing motivation, confidence, and resilience—turning struggles into strengths and obstacles into opportunities.

THURSDAY 3:05pm and 3:40pm

Fire It Up! Being the Master of Your Own Intrinsic Motivation

KATIE HIGLEY



Katie Higley is a happy homeschooling mom of four, married to her best friend, Jeremy, for fourteen years. With a degree in commercial music from BYU, she's a coach, producer, and composer who has created 25 training musicals used worldwide. A TEDx speaker, former American Idol contestant, and owner of The HeART Collective @iVibeAliveStudio in Payson, Utah, Katie also created the Uke'nHymns app to help young hearts grow in their gifts of music. She believes in guiding children to discover their talents and live by the words of Leo Buscaglia: "For your talent is God's gift to you, what you do with it is your gift back to God."

All of Katie's offerings can be found at: paysonHeARTcollective.com.

WEDNESDAY 8:20pm

Closing Act: Songversations: Connecting with Heaven

CHANTELLE HOLMAN



Chantelle Holman grew up dancing in her mother's studio. She competed all around the United States and even went to the World Championships in England. Dance is Chantelle's passion, and it is a huge part of her life. Chantelle's homeschool dance program in Idaho has been going strong for two years. She is married to the love of her life, Christian Holman, and they are the proud parents of five rambunctious boys, ages seven to thirteen.

WEDNESDAY 3:05pm and 3:40pm
Disco Line Dance

THURSDAY 1:15pm

Dance and Music Basics: Make Your Next Dance AmAZInG

TRAVIS HOOPES



Travis Hoopes is married to Liesl Dixon Hoopes, and together they have four children, two daughters and two sons. One son is serving in Zimbabwe on a mission, and another is currently awaiting his mission call. Travis and Liesl met at Utah State, where they attended school together until they both graduated in 1996. Travis graduated in Marketing and International Relations. They started LazyOne together in the spring of 2002 from their twin home and two storage shed units. From 2003 to 2025, they have owned and operated their business together while raising their four kids. LazyOne products range from sleepwear to kids bedtime books. They operate from their warehouse in Hyde Park, Utah, providing fun and unique products to over 4,000 retail stores nationwide and to thousands of online customers through Amazon and their own website.

WEDNESDAY 1:15pm

Becoming Your Own President and CEO



M.D. HOUSE



In late 2020, M.D. House semi-retired from a successful career in Corporate Finance and Business Leadership that allowed him to experience all facets of designing, producing, marketing, and selling products to customers across the world. He enjoyed that career, and still consults part-time, but being able to pursue his passion for creative writing has been a tremendous blessing.

During that first career, he published one science fiction novel, called Patriot Star. Since embarking on his new journey with much more time and focus for writing, he's published a sequel (Kindred Star), along with seven religious historical fiction novels (which were a surprise) and his first fantasy novel, Crossroads of Awakening Memory, Book 1 of the epic fantasy series called The End Times Convergence. His docket is filled with new projects, including Book 3 in the Patriot Star series, more Barabbas spin-offs, and additional volumes in The End Times Convergence (plus some side projects, of course).


You can learn more about M.D. House, including interviews with people like Eric Metaxas, Tricia Goyer, Carmen LaBerge, Roger Marsh, Chautona Havig, Jaime Vaughn, and Dr. Paul Reeves, at: mdhouselive.com.

THURSDAY 9:00am

Structuring Stories that Matter

BRYCE LARSON



Bryce Larson has been married for seventeen years and is a proud father of three daughters. Some career experiences include being a law enforcement officer, SWAT operator, security manager, and Jujutsu instructor. During these careers, Bryce has been responsible for the protection of close to one million individuals. Bryce utilizes the skills learned in each of these areas to teach others how they can best keep themselves and other safe through his LLC,  Calm Through Chaos.

THURSDAY 1:15pm

Verbal Judo: Becoming a Master of Communication

THURSDAY 3:05pm and 3:40pm

Calm through Chaos: Jiu Jitsu for Everyday Life

At a checkout stand, a man is checking out, and he asks the attendant if he could get the military discount because he served in WWII. The attendant says, “Absolutely!” and gives him a discount. The customer responds, “Danka” and walks out. The attendant stutters and asks out loud, “What should I do now?”

SAM MARTINEAU



Sam has taught speech and debate to thousands of homeschooled students over the course of seventeen years. He is the founder and director of the Wasatch Independent Debate League and the Independent Education Program. He is a 2021 U.S. Distinguished Teacher and a recipient of the KSL Teacher of the Week award. He has seen significant success in coaching in the National Mock Trial Competition, International Public Policy Forum, Utah Model United Nations, and State Ethics Bowl.

Sam graduated Magna Cum Laude from Weber State University with a B.S. and teaching certification in Communication Teaching and History Teaching.

THURSDAY 1:15pm

The Hardest Choice

JOEY MASCIO



Joey Mascio is on a mission to help teens develop the habits of high achievers, boosting their confidence, emotional resilience, social skills, and motivation along the way. A former Disneyland performer and current professional improv comedian, Joey spent six years as a middle school teacher and counselor, where he volunteered to run the discipline office (yes, on purpose). There, he started coaching teens on mindset, success skills, and leadership, which ultimately led him to leave teaching in 2021 to pursue his coaching business full-time. He is the creator of Sidekick to Hero, a gamified confidence & resilience training app that helps tweens and teens develop powerful life habits through short, funny video lessons, real-world challenges, and interactive features designed to make self-improvement actually fun. He is also the host of the Secrets for an Awesome Life podcast, where he blends humor and psychology to help teens take control of their own stories.

Joey and his amazing wife live in Utah, where they raise their four incredible kids who keep him sharp, humble, and laughing. When he's not coaching or speaking, he loves spending time outdoors with his family, writing, BBQing, and getting lost in epic movies and stories.

FRIDAY 9:00am

Self-Confidence: Being You is Better Than Being Someone Else

SUSIE MCGANN



Susie McGann is a homeschooling mom of five boys and has been worldschooling with her family for the past three and a half years. She has a master's degree in Teaching English to Speakers of Other Languages (TESOL) and has taught English in Spain, China, Uruguay, El Salvador, Mexico, Colombia, Texas, and Utah. Before worldschooling, she worked as an adjunct professor at the Marriott School of Business and the Student Development Department at BYU.

Susie is passionate about helping LDS families and individuals create meaningful life experiences. She is the author of *You on Purpose*, a book that empowers LDS youth and young adults to take charge of their future and create a life they're truly excited about.

WEDNESDAY 11:05am

10 Hacks to Have Success (and Fun) on Your Language Learning Journey

JASON MOW



Between the military, two civilian police agencies, and working as a military contractor in Afghanistan for the federal government, Jason has more than 25 years of law enforcement and military experience. He was a paratrooper, patrol officer, field training officer, academy instructor, and detective for gang, narcotics, and street crimes. He spent several years on two different SWAT teams. Jason was twice awarded the Law Enforcement Medal of Honor for conspicuous bravery in the line of duty and was medically retired from the Phoenix Police Dept in 2017 after being critically wounded in the line of duty. His wounds left him unable to walk. Shortly after being wounded, Jason experienced a series of unspeakable tragedies that left him homeless, unemployable, divorced, crippled, and financially ruined all at the same time. Through God's grace, and his own Warrior Ethos, Jason rebuilt his life, learned to walk again, found unconditional love, healed, and now travels the country helps others to heal from their own physical, mental, emotional, and spiritual wounds.

FRIDAY 1:15pm

How to be a Modern-day Stripling Warrior



FRIDAY 2:45pm and 3:20pm

Self-Defense

BRANDON MULL



Brandon Mull is the #1 New York Times best-selling author of the Fablehaven, Beyonders, and Five Kingdoms series. A kinetic thinker, Brandon enjoys bouncy balls, squeezable stress toys, and popping bubble wrap. He lives in Utah in a happy little valley near the mouth of a canyon with his four children and a dog named Buffy the Vampire Slayer. Brandon loves meeting his readers and hearing about their experiences with his books.

FRIDAY 1:15pm

Writing Workshop: Principles of Character Development

FRIDAY 4:15pm

The Power of Coming Together to Accomplish Great and Heroic Things

STEWART PARRY



Stewart was raised in central Utah in a family of ten kids. He had to learn at a young age how to navigate different opinions and relationships. He served a mission for the Church and was exposed to many different cultures and ethnic backgrounds in the diverse cultural melting pot of our nation's capital. He has always had a love of learning and teaching, which drew him toward education as a career. He taught public school for fifteen years in both Utah and Wyoming, experiencing all kinds of grades and ages from elementary to high school, with most of these years being spent with high-risk kids that most people had given up on. He has been a member of the National Guard for 23 years. Eighteen of those years were spent as a medic, and then he transitioned to become a chaplain. Two years ago, he left teaching and became a full-time chaplain for an important missile defense brigade in Colorado, taking care of the soldiers that watch out for and protect our nation on all sides. Stewart is married to a beautiful woman named Tiffany, and together they have six awesome kids and one adorable granddaughter. As a chaplain, Stewart and Tiffany have had the opportunity to be trained in several different curricula and teach on retreats for military couples and families to help build and maintain healthy relationships.

THURSDAY 3:05pm and 3:40pm

Take the Fear out of First Aid

JAMES PERRY



James is a decent human being who tries his best. He was pretty funny on Studio C and now tries to be funny enough with JK Studios, which most recently released its first feature film, *Go West*. He's also a husband to Brenna and a father to June and Conor, and they tolerate him pretty well as he tries to figure out how to be a good one. He likes to learn and grow in other areas as well, such as songwriting, movie writing, other writing, cooking, eating, computer programming, philosophy and religion, gardening, and woodworking. He hopes what he has to share can be inspiring, or at least enjoyable. And he loves you, even if he doesn't know you very well.

THURSDAY 4:15pm

When Life Gives You Lobsters, Make Bisque

WILL RUBIO



Will Rubio is a versatile and dynamic performer whose talent shines across both stage and screen. He's appeared on critically acclaimed shows such as NBC's "This Is Us" and "Community" and spent nine seasons as the host of BYUtv's "Random Acts"! He has performed improv comedy and standup for thousands of people at sold-out shows across the country, and he entertains the masses with funny videos. Check out: @WillRubio across all social media.

WEDNESDAY 9:00am

Embracing Your Authentic Self to Truly Connect with Others

WEDNESDAY 11:05am

Improv Your Life: How Thinking Like an Improviser Makes You Unstoppable

WEDNESDAY 3:05pm and 3:40pm

Improv Playtime

MARY STODDARD



Mary is a proud homeschool grad with a passion for quality education and mentorship. She works with the Independent Education Program, teaching debate and Constitutional law classes for homeschooled teenagers (which she maintains is the best job in the world).

After serving a mission in Detroit, Michigan, Mary graduated summa cum laude from Utah Valley University (UVU) with a B.S. in accounting and a minor in business management. While at UVU, she also completed pre-medical studies. She enjoys staying involved in church and community volunteer work and spending time with her family and friends.

FRIDAY 2:45pm and 3:20pm

The One Thing People Fear Worse Than Death

TRACY WARD



I'm Miss Tracy, a spontaneous, ardent believer in possibilities! I LOVE my mission of strengthening families and building a community of people who want to be the good in the world. I'm a wife to my best friend, Richard, and long-time homeschooling mama to six kiddos and Nana to five grandbabies. I'm passionate about learning, liberty, and laughter. I love kayaking, camping, reading, writing, mentoring youth, and creating events that bless families. Everyday I try to connect with heaven, cultivate joy in myself, and spread joy to others. Deep discussions of powerful ideas fill my soul. Sometimes I remember to make dinner and take out my contacts, but don't count on it.

FRIDAY 11:05am

Perspectacles: Change Your Thoughts, Change Your Life

Q: What do hamsters and cigarettes have in common?

A: They both hurt when you light them on fire and put them in your mouth.

A chemist, a biologist, and a mathematician all observed two men going into a building, and then three coming back out.

"That's experimental error!" The chemist said. The biologist replied "No, that's reproduction!" "If one more man goes in," said the mathematician, "the building will be empty."



NEPHI ZUFELT



Nephi is a servant of Christ; Elizabeth's devoted husband; Zoe, Ainsley, Keller, Melina, and Stratton's homeschooling father; world traveler; and a wannabe church basketball star. In his free time from these important roles, he is the CEO of NexTek Innovations (a medical device incubator), entrepreneur, founder and president of Wealth Mentality Families, author of two best-selling books (Katie Bell and the Wishing Well: A Story of Finding True Wealth and The Big Startup Guidebook for Kids), and keynote speaker. Nephi grew up in the beautiful landscape of Moab, Utah, and graduated from Utah State University with a degree in mechanical engineering and later received a M.S. in biomedical engineering and MBA from the University of Tennessee. He spent ten years working his way into a senior leadership role in a major medical device manufacturing company only to turn around and leave it all for the uncertainty of startups and entrepreneurship so he could spend time doing what was most important to him – raising his family. Nephi still enjoys the process of innovation and creation in the world of medical devices but finds his true passion in teaching and helping families find their true purpose and create the life they desire. He teaches parents and youth how to avoid falling into the traps of worldliness and consumption while also pursuing true wealth in the correct way to be used in the service of others.

FRIDAY 9:00am

Making Dreams Reality

FRIDAY 11:05am

Intentional Living in the Age of Distraction

There is a word where the first two letters signify a man, the first three signify a woman, the first four signify a great man, and the whole word signifies a great woman. What is it?

Q: Why didn't the pepper go to the archery tournament?

A: Because it didn't habanero.

8:30-8:50am Donut Devotional
(patio steps) with adults

9:00 - 9:50am

Embracing Your Authentic Self to Truly Connect with Others

Will Rubio (Great Hall) with adults

The strongest connections don't come from trying to impress others—they come from being real. True connection starts with understanding and accepting yourself first. When you embrace your own story, strengths, and even struggles, you create space for genuine relationships built on trust and meaning. In this session, we'll explore how self-acceptance leads to deeper connections with others, why people-pleasing holds us back, and how compassion for yourself allows you to offer it to others.

10:00 - 11:00am Games & Snacks

11:05 - 11:50am

Improv Your Life: How Thinking Like an Improviser Makes You Unstoppable!

Will Rubio (PB&J)

The same skills that make great improvisers also make great leaders, friends, and problem-solvers! In this hands-on session, you'll learn the basic rules of improv that will help you think on your feet, communicate better, and say "yes" to life's unexpected moments.

Whether you're trying to make new friends, overcome shyness, or just want to have fun, these "rules" will help you become more confident, adaptable, and open to the amazing experiences life has to offer.

The Power of Christlike Leadership

Braden Cope (Grilled Cheese)

As your generation steps into more and more leadership roles, the need for good leaders becomes even more prevalent. This class will equip you with the know-how, the skills, and the drive to transform your leadership to reflect the teachings of Jesus Christ. You'll explore the inner work it takes to become a Christ-centered leader as we discuss how to develop the spiritual strength and character necessary to lead with integrity and inspire others as the Savior did so you can face the world, ready to lead as He would.

Learn • Inspire • Serve • Become

10 Hacks to Have Success (and Fun) on Your Language Learning Journey

Susie McGann (BLT)

Want to learn a new language but not sure where to start? In this workshop, you'll create a personalized language learning plan while discovering key strategies to make the process smoother and more fun. You'll also get recommendations for the best language apps and tools, plus ideas for fun activities with family or friends. To wrap it up, we'll play a language learning game that puts these strategies into action! You'll leave with a clear language learning plan, great resources, and the confidence that yes, you can do this—and enjoy it along the way!

Lunch 11:50am-1:10pm

11:50-12:20

Meet-n-Greet with

Will Rubio

12:30-1:05

Join us on the Festival Grounds for

LUNCHTIME ACTIVITIES

which include:

9-square

Capture the Flag

Line Dancing

1:15 - 2:00pm

Peace in Christ

Nik & Darla Day (PB&J)

Join this dynamic couple for a daytime fireside featuring live performances of youth music and powerful stories that will inspire you to deepen your relationship with Christ and find more peace and power in your life.

The Blessing of Taking Personal Responsibility for Your Learning

Jack R. Christianson (Grilled Cheese)

If you had a million dollars, would you give it to someone else to spend for you? Or would you spend it yourself? When it comes to education, so often we want someone else to take care of the dirty work for us, to tell us how, what, where, and when to study. This class will teach you to flip that standard on its head and help you desire to take accountability for your own personal learning. Come prepared to listen and leave prepared to learn—on your own terms.

Becoming Your Own President and CEO

Travis Hoopes (BLT)

If you've got a business idea, you have all you need to become a true entrepreneur! Come learn from a seasoned entrepreneur how to take your idea and turn it into a venture that will make you President and CEO of your business and your life.

2:00 - 3:00pm Games & Snacks

3:05 - 3:35pm AND 3:40 - 4:10pm

Disco Line Dance

Chantelle Holman (PB&J)

Come show us your grooves and learn some moves to get prepared for the disco-themed family dance on Thursday. Chantelle will teach you some basic moves and will put them together with a disco song. Learn the fun of music and dance and get ready to show your stuff off!

Improv Playtime

Will Rubio (Grilled Cheese)

Ready to dive in and play? In this lively session, we'll put the improv rules into action with a variety of fun games designed to unleash your creativity and spark laughter. Building on the skills from "Improv Your Life," you'll get hands-on practice thinking on your feet, collaborating with others, and embracing the joy of spontaneous storytelling. No experience needed—just bring your sense of humor and a willingness to let loose!

Applied Science

Sean Anderson (BLT)

What does science have to do with anything anyway? Come see!



4:15 - 5:00pm

Maintaining Your Spirituality in a Darkening World

Jack R. Christianson (PB&J)

As disciples of Jesus Christ, we are commanded to "let [our] light so shine." But how can we accomplish that? This class is for everyone, whether you are confidently shining or haven't found your light yet. Come join us as we discover how to bring light into a darkening world—and how to maintain its shine so others may see and follow. You'll leave empowered to go forth and let your light so shine!

7:00 - 8:20pm

Youth Talent Show (Amphitheatre)

8:20 - 8:45pm

Songversations: Connecting With Heaven

Katie Higley

Join Katie Higley for Songversations: Connecting With Heaven, a unique performance/workshop that blends live music with interactive conversation. In this dynamic session, Katie will perform and share her approach to nurturing musical talents, empowering artists, and building confidence through song. Along with the Lighthouse Mamas, Katie will showcase the power of collaboration and creativity in real-time. Whether you're an educator, performer, or music lover, this post-Talent Show event will build your desire to unlock your creative potential. Be prepared to engage, learn, and experience the transformative power of music and song!

10 HACKS TO HAVE SUCCESS (AND FUN) ON YOUR LANGUAGE LEARNING JOURNEY

BY SUSIE MCGANN

“Language is a tool of connection. Learning a foreign language connects you to a whole new world.”

1. LIKE ‘UM, LOVE ‘UM, WANNA BE ‘UM

Liking and identifying with the culture of the target language is key to success.

What do I like about the people (and culture) who speak this language? What parts of me identify with that culture?

2. BE FAST. BE CORRECT. NOT AT THE SAME TIME

Fluency is speaking without pausing. Accuracy is using correct grammar and pronunciation. Practice each separately for best results.

Fluency: try speaking or writing for 30 second without pausing

Accuracy: Speak/Write one phrase. Review and correct it before moving on.

3. ROCK YOUR BODY

Your mind retains information better when paired with a physical movement.

Learn the ASL signs of new vocab words. Model the action of the verb when you say it. Physically pick up objects as you name them. Dance while you learn a new song.

4. THE ART OF NOTICING

“Noticing” new words, your grammatical errors, pronunciation mishaps, etc. can accelerate learning

When I hear/see a word I don't know, when and where will I write it down? When will I review them?

5. CHILAX

You learn less when you are stressed, frustrated, or anxious,

When you start getting frustrated take a break, remember your why, take deep breathes, watch something funny in that language.

6. CHANNEL YOUR INNER CHILD

Those who can keep “play” as a focus instead of mastery or perfection will have more fun and learn more quickly.

Make learning into a game as much possible. Get really good at laughing at your mistakes and being ok with looking stupid.

7. Q'S AND A'S

Language is social. The basis of communication is the question and answer.

Who can I speak this language with? How can I practice using questions and answers?

8. NEEDS

Nothing motivates the brain to learn than when you have something you need to do.

Games are great ways to artificially create needs. Jigsaws are a type of game where someone else has info you need and you have to talk to them to complete your task.

9. SOAK IT IN

Language learning requires large, large, large amounts of input (listening or reading).

What can I watch, listen, or read to get input every day?

10. MIND MAPS & HABITS

Acquiring a second language is in many aspects about developing new habits. Or, in other words, strengthening the neuron connections between items/concepts and the new language.

How can I make thinking and speaking in this language a habit?

RESOURCES:

Conversation:

talkpal.ai: AI language tutor; (Free: 10 min daily chat, \$14.99/month all features)

Speaky: find a native language exchange partner. (Free)

HelloTalk: A language exchange 1 on 1 or in groups with text, voice, and video. (Freemium)

Meetup.com: find local teens who want to language exchange or practice.

Input:

LingQ: Tons of input content in lots of languages. Books, podcasts, movies, news. Also has option to find a language exchange partner. (\$13/month)

Lingopie: Watch real TV shows and movies to learn (\$12/month)

Lirica: uses songs and videos to teach you Spanish, English, or German (\$9/month)

Pimsleur: Audio based learning. Listen to phrases and repeat them (\$15/month)

Grammar & Vocabulary:

Memrise: Teaches vocabulary and useful phrases through spaced repetition and video clips of native speakers. (Freemium/ \$100 lifetime)

Drops: Uses swipe games and short daily sessions to teach words and phrases. (\$11/month)

Language Reactor: Chrome extension works with YouTube and Netflix to give you subtitles for whatever you are watching in two languages, so you can see your native language and the language you are trying to learn. You can also highlight words to see the translation, review all the subtitles, and get other examples of their usage. (Free)

Tutors

italki: You can find good prices, and trial classes for a discount cost.

Outschool: Offer 1-1 classes or group classes with lots of options.

Scan the QR code for a link to my notes and more resources and game ideas.



MY PERSONAL LANGUAGE LEARNING PLAN



1. My Why

I'm learning this language because:

It matters to me because:



2. Cultural Connection

Something I love about the people or culture:

Something I relate to:



3. My Main Goal (3–6 months)

By _____, I want to be able to:

(Examples: order food, have a basic convo, understand lyrics, pass a test)



4. My Habits & Routine

How often will I study? (Circle one):

Every day

4–5 times/week

2–3 times/week

When and where?

What apps/tools/resources will I use?



5. My Input Plan (Be a Sponge!)

What will I watch, listen to, or read in this language each week?



6. My Speaking Plan (Talk it Out)

Who can I speak with? (real or online)

How will I practice conversations?



7. Play + Movement

One fun or physical way I'll learn vocab (draw it, act it out, make flashcards, etc.):



8. Error Noticing + Notes

Where will I write down new words or mistakes to review later?

How often will I review them?



9. When It Gets Hard...

If I feel frustrated or stuck, I'll:

(Remind myself of my “why”? Watch something funny in the language? Take a break?)



10. Check-In Plan

I'll check in on my progress every:

☐ Week ☐ 2 weeks ☐ Month

How will I know I'm improving?

Scan the QR code for a link to my notes and more resources and game ideas.



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The Blessing of Taking Personal Responsibility for Your Learning

Jack R. Christianson

This class focuses on the blessing and absolute necessity of taking charge of your own learning. It will center on the two-way relationship between a teacher and the learner as well as the curriculum.

- JS-H 1:20 . . . “ I went home. . . I have learned for myself.”
- Alma 1:26
- D&C 50:2-8, 13-25
- D&C 52:14
- D&C 88:119-121
- Alma 32:43; D&C 121:46

Maintaining Your Spirituality in a Darkening World

Jack R. Christianson

It is one thing to know the church is true and an entirely different matter to be true to the church and to the truth.—D&C 93:24

Five Specific Things to Do Daily:

1. Scriptures—1 Nephi 1:12
2. Prayer—D&C 42:14
3. Prophets—D&C 21:4-6
4. Service—Mosiah 2:17
5. Temple—D&C 97:16

President Gordon B. Hinckley—When the False Winds of Doctrine Blow—Story of the fallen tree in the Sacred Grove, sink your spiritual roots deep, deep, deep!

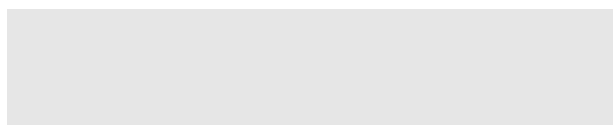
Four Specific Things the Prophet Joseph Smith Taught Never to Do:

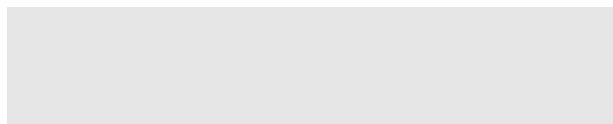
1. Aspire—D&C 124:84; 121:35; D&C 29:28-29—Satan Aspired to be God
2. Accuse—Revelation 12:10 Satan is the great accuser
3. Contend—1 Nephi 11:29-30 Satan is the father of contention
4. Coerce—Moses 4:3 Satan sought to take away the agency of man

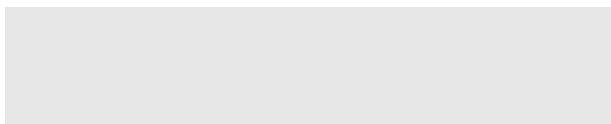
Elder Bruce R. McConkie—Faith and Obedience

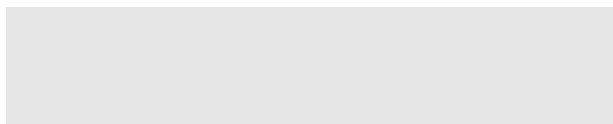
1 Nephi 15:11

Direct correlation between our ability to obey and to love ourselves, others, and God. Alma 38:12; Mosiah 2:4; John 15:9-11










8:30-8:50am Donut Devotional
(patio steps)

9:00 - 9:50am

Footsteps to Greatness: Your Path to Purpose and Success

Paige Anderson (PB&J)

Ready to take your first steps toward greatness? This exciting class is all about helping you find your unique path and make the most of the journey. You'll learn how to find the right mentors—those people who've got the wisdom, experience, and drive to help you succeed. You'll also dive into discovering your true purpose and what you were sent to earth to do, helping you understand your own strengths and passions. Plus, learn how to gain personal revelation and unlock the answers you've been searching for. Whether you're trying to figure out your next big move or simply seeking guidance for the road ahead, this class will help you take the steps needed to grow, thrive, and achieve the greatness that's already inside you. 

Structuring Stories that Matter

M.D. House (Grilled Cheese)

The greatest storyteller who ever lived was Jesus Christ himself. Every story is a parable, with good or bad messaging. There's no such thing as "neutral" entertainment. How can you create foundations and structures for stories that will both entertain and enlighten? Come find out!

Click, Create, Publish: A How-To Guide for Digital Success

Ali Eisenach (BLT)

Have an idea you're excited about? Want to turn your creativity into something real—and even make money from it? In this class, you'll discover powerful online tools that can help you write, design, publish, and share your work with the world. Whether you want to create digital art, self-publish a book, launch a business, or build an online brand, you'll learn practical skills to bring your ideas to life. From graphic design and website creation to e-books and online marketing, this class will give you the tools to create, share, and turn your passion into profit. Get ready to think big, create boldly, and make an impact!

10:00-11:00am Games & Snacks

11:05 - 11:50am

The Main Thing

John Bytheway (PB&J)

Tests are often just a bunch of questions. Life is full of questions too. But what is the main question? As believers in Jesus Christ, we have some of the very best answers to life's toughest questions. With all the craziness and chaos going on in our world today, our challenge is to figure out what the main thing is, and then to keep the main thing, the main thing!

Lunch 11:50am-1:10pm

11:50-12:20

Meet-n-Greet with

John Bytheway

12:30-1:05

Join us on the Festival Grounds for
LUNCHTIME ACTIVITIES

which include:

Corn Hole

Human Foosball

Line Dancing

1:15 - 2:00pm

Dance and Music Basics: Make Your Next Dance AmAzInG

Chantelle Holman (PB&J)

Come get some tools to put in your dance toolbox! Learn the ins and outs of dancing to just about any song you hear by understanding the counts of different dance moves and how to put them to the rhythm of the music. Chantelle is a fun and fabulous teacher who will bring the fun to your dance party.

The Hardest Choice

Sam Martineau (Grilled Cheese)

What is the hardest choice teens have to make before they can really succeed as a student? It isn't choosing not to procrastinate. It isn't choosing to do things they are scared of. It's choosing to admit the riskiest fact of all: that they really care.

Verbal Judo: Becoming a Master of Communication

Bryce Larson (BLT)

Communication can be a tricky thing! Two people can hear the same information yet go in completely different directions based on their own experiences. I was often told, "You can talk yourself into a fight just as easily as you can talk yourself out of one." However, no one really took the time to teach me how to maximize this skill of communication. Through years of experience, including plenty of times getting it wrong, I have learned these seemingly hidden secrets of communication. These skills have created more joy, peace, and confidence in my life. During this Verbal Judo course, we are going to dive into the skills it takes to become a master communicator—all while having plenty of fun in the process!

Take the Fear out of First Aid

Stewart Parry (BLT)

Sometimes there is anxiety associated with the idea of having to do first aid. When I first started as a combat medic over twenty years ago, I had similar feelings. I soon realized that if you know the basics, it takes all the fear out of first aid. Come learn the fundamentals so you can feel confident, too.

4:15 - 5:00pm

When Life Gives You Lobsters, Make Bisque

James Perry (PB&J)

Life will always have challenges, and that's a good thing. The skill of humor will help you create joy from it: HARD + HUMOR = HAPPY

2:00-3:00pm Games & Snacks

5:10 - 5:25pm

Volunteer Meeting

(Grilled Cheese)

3:05 - 3:35pm AND 3:40 - 4:10pm

7:00 - 9:45pm

Calm Through Chaos: Jiu Jitsu for Everyday Life

Bryce Larson (on patio)

Come join us for a crash course in self-defense and self-mastery! We'll learn some simple yet highly effective techniques to provide you with the confidence and competence to remain calm through chaos, using techniques from the martial arts form Japanese jiu jitsu. You'll leave this class empowered with skills and the know-how to face the world with confidence.

Disco Family Dance

(Chinese Gate Pavilion)

Fire It Up! Being the Master of Your Own Intrinsic Motivation

Kami Harris (Grilled Cheese)

Are you finding it hard to stay focused and motivated? Join us for an eye-opening session on motivation, where you'll learn powerful techniques to conquer distractions, ignite your inner drive, and achieve your goals. Discover how to excel in your studies and embrace challenges with confidence. Don't miss out on the chance to unlock your potential and transform your approach to learning and life!

The 5 Keys to Light Your Fire

F – Freedom (Autonomy)

Theme: You are an agent, not a robot.

What does taking ownership of your education look like?

REFLECTION:

What is one small shift you can make to take ownership of your education?

**Fire It Up! Being the Master of Your
Own Intrinsic Motivation**

Kami Harris

I – Improvement

Theme: The goal is growth--not perfection.

Growth versus Fixed Mindset:

REFLECTION:

How can you shift your thoughts from “I can’t” to “I’m learning”?

R – Relationships (Relatedness)

Theme: We are wired to connect. Isolation kills motivation.

REFLECTION:

“What’s one thing you can do to strengthen a relationship that matters to you this week?”

Fire It Up! Being the Master of Your Own Intrinsic Motivation

Kami Harris

E – Energy

Theme: By starting with small habits, you create energy and momentum to become the person you want to become.

“Every action you take is a vote for the person you want to become.” —James Clear

Three Levels of Change:

1. **Outcomes** – What you want
2. **Processes** – What you do
3. **Identity** – Who you believe you are

REFLECTION:

What are some of your biggest goals? What is the tiniest step you could take to get there?

**Fire It Up! Being the Master of Your
Own Intrinsic Motivation**

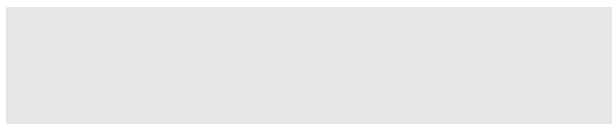
Kami Harris

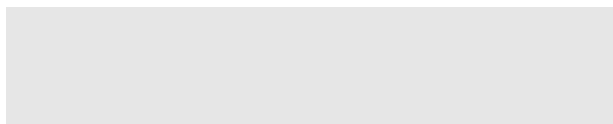
S – Spark (Purpose)

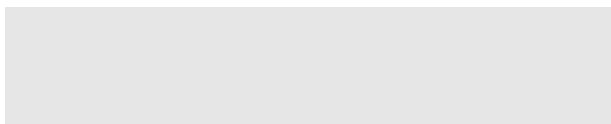
Theme: Your “why” fuels your fire.

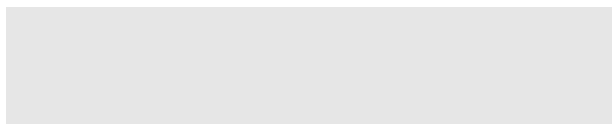
REFLECTION:

What do you really want for your future? And how can you start moving toward that now?









8:30-8:50am Donut Devotional (patio steps)

9:00 - 9:50am

Self-Confidence: Being You is Better Than Being Someone Else



Joey Mascio (PB&J)

If only we were someone else we would be more popular, made fun of less, and more confident. Right? Nope! Because if you were somehow able to body swap with someone else, you'd still take your brain with you—and your brain is where you sabotage yourself. Instead of hijacking someone else's body, work on taking back control of your brain that has been hijacked by negative self-talk and personal judgments. Not only is that option ACTUALLY possible, but it's easier than you think and you can do it TODAY. Self-confidence is possible for anyone, especially you.

Making Dreams Reality

Nephi Zufelt (Grilled Cheese)

Do you have great big dreams? How can you turn those into reality? In this class, we will talk about how our goals and dreams can truly become a reality—and how we can create the best lives possible.

The Power & Influence of Music: Your Choice

Sam Bostwick (BLT)

This class will explore the gift of music in our lives and consider Heavenly Father's purposes for it. Come discover ways you can use music to strengthen your emotional, social, and spiritual well-being—and stay for a sneak-peek into the behind-the-scenes of the Church's historic hymnal project!

10:00 - 11:00am Games & Snacks

11:05 - 11:50am

They're Lying To You: Seeing Through Propaganda to Stand For Truth

Connor Boyack (PB&J)

Learn about the historical examples of propaganda, why those in power want to deceive us, why Satan is behind it all, and how we can see through the deceptions in order to stand for and defend truth.

Intentional Living in the Age of Distraction

Nephi Zufelt (Grilled Cheese)

We live in a world of consumption, where it is commonplace to sit and consume hours and hours of content (Netflix, video games, YouTube, Facebook, Instagram, etc.) every single day. God has not given us technology and time just to consume. Satan is using technology to distract us from what is truly important. This class is intended to teach ways that you can change your usage of modern technology from consumption to creation and to do God's work.

Perspectacles: Change Your Thoughts, Change Your Life

Tracy Ward (BLT)

The world is full of data, and our brain decides what to see. Our eyes see pixelated images, and our brains have to make sense of what we are seeing and finish the pictures. What our brain is thinking about is more likely to be what our eyes focus on. We are the air traffic controllers of our mind. We may not be able to control what thoughts fly overhead, but we do control which ones land. Air traffic controllers go through lots of training to do their jobs. You can train your mind to do your job! Come and learn ten tools—ten training modules to help YOU change your thoughts, which will change your vision, and those two things put together will help you create a new YOU!

Lunch 11:50am - 1:10pm

11:50-12:20

Meet-n-Greet with

Brandon Mull

12:30-1:05

Join us on the Festival Grounds for

LUNCHTIME ACTIVITIES

which include:

9-square

Corn Hole

Line Dancing

1:15 - 2:00pm

Writing Workshop: Principles of Character Development

Brandon Mull (PB&J) 

Characters and relationships bring life into stories. In this class, #1 New York Times bestselling author Brandon Mull will share the strategies he uses to plan and execute engaging characters when writing fiction.

How to Be a Modern-day Stripling Warrior

Jason Mow (Grilled Cheese)

In 2018, you were called by a modern-day prophet to join the Lord's Youth Battalion in the Amy of God.... Now what? Let's break this sacred responsibility down and get you focused on taking the first steps into a brave new world. Come learn from Mr. Jason, a real soldier, how to apply your four youth goals—physical, social, spiritual, intellectual—into your modern-day Stripling Warrior training.

The Lord needs His Warriors! Are you ready?

Dating 101: Creating Friendships and Planning Awesome Experiences

Breann Duffin (BLT)

Attention all youth! There is an activity that—if engaged in wisely—can help you become a better student, a stellar business owner, a contributing community member, the best future mother/father/spouse you can possibly be, and an overall better person. This activity can be so much fun and provide you hours of laughs and good times ... but be prepared to learn how to handle failure and resolve conflict during its down times. As you plan, prepare, and carry out this activity, you will learn to be selfless, know with more assurance what you want in your future, and develop valuable social skills. Have you guessed this important activity yet? It is dating! Dating 101 will help you learn how to get the most out of your dating experiences, and we will have loads of fun testing out date ideas.

2:00 - 2:40pm Games & Snacks

2:45 - 3:15pm AND 3:20 - 3:50pm

Self-Defense

Jason Mow (on patio)

Come and enjoy a fun, judgement-free, hands-on experience as Mr. Jason explains the fundamentals of personal security, self-awareness, and self-defense. From his 30 years of training and real-world application as a soldier, SWAT team leader, bodyguard, and seminary teacher, Mr. Jason has created a basic self-defense class focusing on empowerment, common sense, and understanding your personal relationship with God and why He needs you to be safe.

The One Thing People Fear Worse Than Death

Mary Stoddard (Grilled Cheese)

Statistically, the one thing people fear worse than death ... is public speaking. Come learn how to crush that fear and prepare absolutely epic speeches in five minutes or less. Great orators throughout time have rallied armies, inspired entire countries, and changed the course of history. Now it's your turn to learn their secrets!

How to Rock Social Situations and Find Friends

Oba Bonner (BLT)

Your friends today might become your collaborators or business partners tomorrow. In this fun and engaging session, Oba Bonner shares how to make meaningful connections early in life—and why it matters. You'll walk away with strategies to build deep friendships, feel confident in social situations, and develop people skills that will benefit you for years to come.

4:05 - 4:15pm

Closing Announcements (Great Hall)

4:15 - 5:15pm

The Power of Coming Together to Accomplish Great and Heroic Things

Brandon Mull (Great Hall)

#1 New York Times bestselling author Brandon Mull will explain what he has learned about teamwork and sharing his imagination over a twenty-year career as a professional novelist that includes nineteen New York Times bestselling novels.

7:00pm

Graduation (Great Hall)

**Perspectacles: Change Your
Thoughts, Change Your Life**
Tracy Ward

Tool	I will utilize this tool by...

www.raisethtidecoaching.com



HOW TO ROCK SOCIAL SITUATIONS AND FIND FRIENDS

OBA BONNER



Why Connections Matter

The people around you now could play a role in your future.



Be Curious, Not Cool

Ask questions. Show interest. Listen.



Find Common Ground

Look for shared interests to start conversations.



Be the First to Say Hello

Confidence comes from making a good first impression



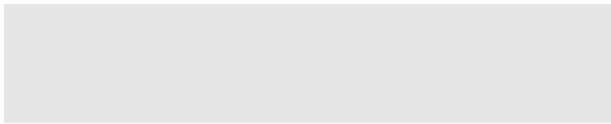
Follow Up

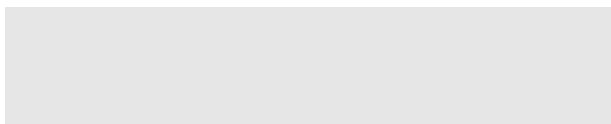
Text, DM, or reconnect after

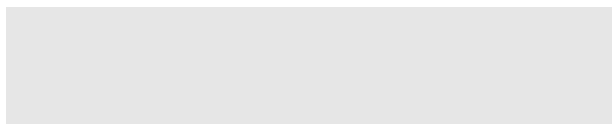
Quick Activity

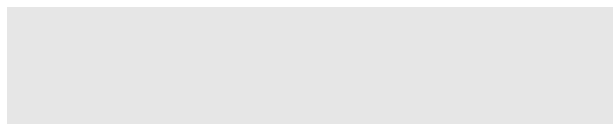
List 3 people you met this week. What's one thing you learned about each?

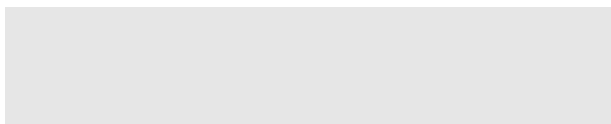
"Kindness and curiosity make you unforgettable."













MY NEW LDSHE FRIENDS

Use this page for keeping track of your new friends' contact information!

NAME	EMAIL	HOBBIES
WHERE THEY LIVE?	FAVORITE BOOK/ AUTHOR	
PHONE NUMBER	HOW MANY YEARS HAVE THEY BEEN TO LDSHE?	A LITTLE ABOUT MORE THEM

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2026 LDSHE Youth Volunteer Information

We are excited that you want to volunteer! Parents, if your child volunteers, you have also volunteered! We need great people to carry out the LDSHE conference every year!

To serve with LDSHE youth, you must meet the following requirements:

1. Live the values in *For the Strength of Youth*
2. Be self-motivated
3. Homeschool and live at home

YCT (Youth Conference Team) responsibilities:

- Be committed to a growth mindset for yourself and the conference. Set the tone that makes LDSHE unique! Be welcoming, friendly, and supportive as you strive for excellence in your service.
- Be at least 16 by May 2026.
- Help select class topics and speakers.
- Speak in front of a group to introduce speakers, lead games, and complete other assignments.
- Serve on a planning team: Talent Show, Dance, Games & Snacks.
- Participate IN PERSON in a fun and productive Face-to-Face planning meeting August 4-6, 2025 (Monday thru Wednesday) in American Fork, Utah.
- Attend "Super Tuesday" work session on Tuesday, May 26, 2026 (the day before the conference starts).
- Be an active participant (i.e., camera on, computer open to documents, etc.) in YCT meetings. We will meet twice a month from Sept.-Apr. Weekly in May.
- Meet with your smaller committee as needed.
- Must have access to a computer for meetings.
- Check email at least twice/week. Respond promptly.

YCT Parents' Responsibilities:

- Attend the Face-to-Face planning meeting with your youth (August 4-6, 2025) in American Fork, Utah. This will be a training meeting for you, too.
- Support youth in preparing for and attending their monthly YCT meetings and committee meetings.
- Serve in a specific supporting role to help the youth conference such as graduation committee, YCT lunches, gratitude coordinator, donut devotional coordinator, photographer, talent show advisor, etc.
- Support your youth in their choice to make this year-long commitment.
- Serve as a room host and snack helper at LDSHE.

"Being a YAC is awesome! You get a great leadership opportunity in a safe and friendly environment. I love being able to contribute because I love LDSHE!" - Claire

"I'll never forget being a YCT. Often, when you are a "youth leader," you don't get to take a leading part, because the adults tend to take over. Yet here at LDSHE, I got to do more than just BE a leader. I got to BECOME a leader." - Brackon

YAC (Youth Activity Committee) responsibilities:

- Be at least 14 by May 2026.
- Attend two or three planning meetings in early 2026.
- Serve with a YCT member to help teach and direct the games during the "games and snack" time.
- Help out as needed to set up snacks, run the talent show, decorate for the dance, decorate for and assist with graduation, etc.
- Attend "Super Tuesday" work session on Tuesday, May 26, 2026 (the day before the conference starts).

* YACs will be given preference if they wish to be a YCT in the future. YACs begin their service in the spring of 2026. Look for an email from us in Jan or Feb 2026.

YAC Parents' Responsibilities:

- Support your youth in their commitment to make a positive contribution at LDSHE.
- Serve as a room host at LDSHE.

To sign up to be a youth volunteer, please scan this QR code and complete the online form by Friday, June 13.



2025 LDSHE West Youth Schedule

WEDNESDAY			
	P&J	Grilled Cheese	BLT
8:30-8:50	Donut Devotional (with adults) (Patio Steps)		
9:00-9:50	Opening Celebration: Will Rubio Embracing Your Authentic Self to Truly Connect with Others (Great Hall) with adults		
10:00-11:00	Games & Snacks (Festival Grounds)		
11:05-11:50	Will Rubio Improve Your Life: How Thinking Like an Improviser Makes Your Unstoppable!	Bradley Coyne The Power of Christlike Leadership	Susie McGinn 10 Hacks to Have Success (and Fun) on Your Language Learning Journey
11:50-1:10	LUNCH (Festival Grounds) 11:50-12:20 Will Rubio Meet-n-Greet 12:30-1:05 Lunchtime Activities: (A) 9-square (B) Capture the Flag (C) Line Dancing		
1:15-2:00	Nik & Darla Day Peace in Christ	Jack R. Christanson The Blessing of Taking Personal Responsibility for Your Learning	Travis Hoopes Becoming Your Own President and CEO
2:00-3:00	Games & Snacks (Festival Grounds)		
3:05-3:35	Chantelle Holman Disco Line Dance	Will Rubio Improv Playtime	Sean Anderson Applied Science
3:40-4:10	Chantelle Holman Disco Line Dance	Will Rubio Improv Playtime	Sean Anderson Applied Science
4:15-5:00	Jack R. Christanson Maintaining Your Spiritual Life in a Darkening World		
5:05-7:00	DINNER		
7:00-8:20	Youth Talent Show (Amphitheater)		
8:20-8:45	Special Performance - Songwriters: Connecting with Heaven Katie Higley (Amphitheater)		

THURSDAY			
	P&J	Grilled Cheese	BLT
8:30-8:50	Donut Devotional (Patio Steps)		
9:00-9:50	Paige Anderson Footsteps to Greatness: Your Path to Purpose and Success	M.D. House Structuring Stories that Matter	Alle Benrich Click, Create, Publish: A How-To Guide for Digital Success
10:00-11:00	Games & Snacks (Festival Grounds)		
11:05-11:50	John Byrne The Main Thing		
11:50-1:10	LUNCH (Festival Grounds) 11:50-12:20 John Byrne Meet-n-Greet 12:30-1:05 Lunchtime Activities: (A) Corn Hole (B) Human Football (C) Line Dancing		
1:15-2:00	Chantelle Holman Dance and Music Basics: Make Your Next Dance Amazing	Sam Martineau The Hardest Choice	Bryce Larson Verbal Judo: Becoming a Master of Communication
2:00-3:00	Games & Snacks (Festival Grounds)		
3:05-3:35	Bryce Larson Calm through Chaos: Jiu Jitsu for Everyday Life (on patio)	Karl Harris Fire It Up! Being the Master of Your Own Intrinsic Motivation	Stewart Perry Take the Fear out of First Aid
3:40-4:10	Bryce Larson Calm through Chaos: Jiu Jitsu for Everyday Life (on patio)	Karl Harris Fire It Up! Being the Master of Your Own Intrinsic Motivation	Stewart Perry Take the Fear out of First Aid
4:15-5:00	James Perry When Life Gives You Lobsters, Make Bisque		
5:10-5:25		Volunteer Meeting Grilled Cheese	
5:05-7:00	DINNER		
7:00-9:45	DISCO Family Dance (Chinese Gate Patio)		

FRIDAY			
	P&J	Grilled Cheese	BLT
8:30-8:50	Donut Devotional (Patio Steps)		
9:00-9:50	Joey Mascio Self-Confidence: Being You is Better Than Being Someone Else	Nephi Zweifel Making Dreams Reality	Sam Beswick The Power & Influence of Music: Your Choice
10:00-11:00	Games & Snacks (Festival Grounds)		
11:05-11:50	Conner Boyack They're Lying To You: Seeing Through Propaganda to Stand For Truth	Nephi Zweifel Intentional Living in the Age of Distraction	Tracy Ward Perspectives: Change Your Thoughts, Change Your Life
11:50-1:10	LUNCH (Festival Grounds) 11:50-12:20 Brandon Mull Meet-n-Greet 12:30-1:05 Lunchtime Activities: (A) 9-square (B) Corn Hole (C) Line Dancing		
1:15-2:00	Brandon Mull Writing Workshop: Principles of Character Development	Jason Mow How to be a Modern-day Stripping Warrior	Breann Duffin Dating 101: Creating Friendships and Planning Awesome Experiences
2:00-2:40	Games & Snacks (Festival Grounds)		
2:45-3:15	Jason Mow Self-Defense (on patio)	Mary Stoddard The One Thing People Fear Worse Than Death	Obi Bonner How to Rock Social Situations and Find Friends
3:20-3:50	Jason Mow Self-Defense (on patio)	Mary Stoddard The One Thing People Fear Worse Than Death	Obi Bonner How to Rock Social Situations and Find Friends
3:50-4:05	Walk upstairs to Great Hall! Find a seat and fill out your survey!		
4:05-4:15	Closing Announcements (Great Hall) with adults		
4:15-5:15	The Power of Coming Together to Accomplish Great and Hecka Things (Great Hall) with adults		
5:15-7:00	Dinner		
7:00	LDSHE Graduation (Great Hall)		

Wednesday

	9:00 AM	11:05	1:15
Circle the class you attended.	<ul style="list-style-type: none"> Embracing Your Authentic Self to Truly Connect with Others 	<ul style="list-style-type: none"> Improv Your Life: How Thinking Like an Improviser Makes You Unstoppable! The Power of Christlike Leadership 10 Hacks to Have Success (and Fun) on Your Language Learning Journey 	<ul style="list-style-type: none"> Peace in Christ The Blessing of Taking Personal Responsibility for Your Learning Becoming Your Own President and CEO
Rank the class you attended. 5 being the BEST class ever! Why did you rank it this number?	1 2 3 4 5 Why?	1 2 3 4 5 Why?	1 2 3 4 5 Why?
	3:05	3:40	4:15
Circle the class you attended.	<ul style="list-style-type: none"> Disco Line Dance Improv Playtime Applied Science 	<ul style="list-style-type: none"> Disco Line Dance Improv Playtime Applied Science 	<ul style="list-style-type: none"> Maintaining Your Spirituality in a Darkening World
Rank the class you attended. 5 being the BEST class ever! Why did you rank it this number?	1 2 3 4 5 Why?	1 2 3 4 5 Why?	1 2 3 4 5 Why?
Notes (what stood out to you today?, favorite speaker?, is there a topic you'd want to hear next year?, etc.)			
What activity did you do at lunch? Why? How did that go?			

Thursday

	9:00 AM	11:05	1:15
Circle the class you attended.	<ul style="list-style-type: none"> Footsteps to Greatness: Your Path Purpose and Success Structuring Stories that Matter Click, Create, Publish: A How-to Guide for Digital Success 	<ul style="list-style-type: none"> The Main Thing 	<ul style="list-style-type: none"> Dance and Music Basics: Make Your Next Dance An Amazing The Hardest Choice Verbal Judo: Becoming a Master of Communication
Rank the class you attended. 5 being the BEST class ever! Why did you rank it this number?	1 2 3 4 5 Why?	1 2 3 4 5 Why?	1 2 3 4 5 Why?
	3:05	3:40	4:15
Circle the class you attended.	<ul style="list-style-type: none"> Calm through Chaos: Jiu Jitsu for Everyday Life Fire It Up! Being the Master of Your Own Intrinsic Motivation Take the Fear out of First Aid 	<ul style="list-style-type: none"> Calm through Chaos: Jiu Jitsu for Everyday Life Fire It Up! Being the Master of Your Own Intrinsic Motivation Take the Fear out of First Aid 	<ul style="list-style-type: none"> When Life Gives You Lobsters, Make Bisque
Rank the class you attended. 5 being the BEST class ever! Why did you rank it this number?	1 2 3 4 5 Why?	1 2 3 4 5 Why?	1 2 3 4 5 Why?
Notes (what stood out to you today?, favorite speaker?, is there a topic you'd want to hear next year?, etc.)			
What did you like best/worst about the Talent Show last night?			
What activity did you do at lunch? Why? How did that go?			

Friday

	9:00 AM	11:05	1:15
Circle the class you attended.	<ul style="list-style-type: none"> Self-Confidence: Being Proud of Yourself You Is Better Than Being Someone Else Making Dreams Reality The Power & Influence of Music: Your Choice 	<ul style="list-style-type: none"> They're Lying To You: Seeing Through Lies How to Stand For Truth Intentional Living in the Age of Distraction Perspectives: Change Your Thoughts, Change Your Life 	<ul style="list-style-type: none"> Principles of Character Development How to be a Modern-day Stripping Warrior Daring 101: Creating Friendships and Experiences
Rank the class you attended. 5 being the BEST class ever!	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
Why did you rank it this number?	Why?	Why?	Why?
	3:05	3:40	4:15
Circle the class you attended.	<ul style="list-style-type: none"> Self-Defense The One Thing People Fear Worse Than Death Heart, Rock-Social Situations and Friends 	<ul style="list-style-type: none"> Self-defense The One Thing People Fear Worse Than Death Heart, Rock-Social Situations and Friends 	<ul style="list-style-type: none"> The Power of Coming Together to Accomplish Great and Heroic Things
Rank the class you attended. 5 being the BEST class ever!	1 2 3 4 5	1 2 3 4 5	1 2 3 4 5
Why did you rank it this number?	Why?	Why?	Why?
Notes (What stood out to you today? favorite speaker? Is there a topic you'd want to hear next year?, etc.)			
What did you like best/worst about the Disco Family Dance last night?			
What activity did you do at lunch? Why? How did that go?			

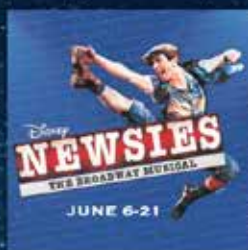
BINGO

Here's a fun list of things you can do to really get the most out of your LDSHE experience this week! Strike up a conversation, meet some new people, serve in small ways, and fill in your entire BINGO sheet! Then take it to Miss Tina or Miss Denece to get a cool reward!

share your favorite scripture with a new friend	find someone who has a sibling attending LDSHE with them	personally thank a speaker from one of the classes	eat lunch with someone you haven't met before	ask someone to dance at the Family Dance OR at any of the dance classes
take notes during a class and share a takeaway with a friend after class	find someone new and play a quick game of leapfrog	find someone who enjoys the same hobby as you	get to know someone graduating this year	refill your water bottle at least once
congratulate someone who participated in the Talent Show	attend Donut Devo and sit by someone you haven't talked with before	give each of your game YACs a high five and a thank you!	find someone who was born in the same month as you	introduce two of your friends—who don't yet know each other—to each other
find someone with the same favorite book or movie	find all 12 sandwiches hidden in the guidebook	pick up some trash from the game lawn or a classroom	find someone with the same favorite color	match all the YCTs with their stick figures
do two lunch-time activities	get all the YCT signatures on the back of your lanyard	arm wrestle with someone - best 2 out of 3 wins!	finish your whole water bottle before lunch	apply/reapply sunscreen three times

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**SPEAKER/SINGER/
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Katie Higley

Join me on Wednesday evening, May 28th
right after the Talent Show for an AWESOME Songversation!
I've invited The Lighthouse Mamas to perform a special song
created just for you!

**"FOR YOUR TALENT IS
GOD'S GIFT TO YOU, WHAT
YOU DO WITH IT IS YOUR
GIFT BACK TO GOD"**

Leo Buscaglia



Hi friends, I'm Katie, a Homeschool Mama of 5 years
Owner of The HeART Collective @iVibeAliveStudio
in Historic Downtown Payson, UT which is a fun
Creative Arts School!

Creator of the Uke'nHymn App where you discover
how to play Hymns on the Ukulele! It's SO FUN!

I am a Music Collaborator and LOVE gathering God's
people into the HeART of our Savior Jesus Christ!
I'd love to invite you to blossom and grow in your...

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